

## Argentina

All-year destination

East (Buenos Aires):

Throughout the year

Nov. - Mar.:

Min. 17°C; Max. 29°C

Apr. - Oct.:

Min. 8°C; Max. 22°C

Tierra del Fuego (Ushuaia):

Oct.-Mar. (spring - autumn):

Min.: 1°C; Max. 13°C

**Recommended season:**

**October - March**



## Argentine Republic



- Capital: Buenos Aires
- Currency: ARS = Argentinian Peso
- National languages: Spanish
- National holiday: 25th of May
- Population: ca. 43,6 million  
mainly Italian & Spanish descent,  
2% Indigenes
- Religion: Roman Catholic (ca. 74%)  
Lutheran (ca. 10%)  
Jewish (ca. 1%)
- Typical food:
  - „Asado“ (various grilled meat and sausage products)
  - „Empanadas“ (savory filled turnovers)
  - „Alfajores“ (caramel-filled pastries)
  - „Flan“ (caramel pudding)
- Typical drinks:
  - Argentinian Wines
  - Mate-Tea (dried mate leaves, served in a mate jar with a bombilla, the straw)

### Good to know:

- Buenos Aires is a „melting pot“ of different cultural influences, you will find all over the city. Especially the European influence is clearly visible in many places.

### Sight-Dictionary


- Tango (*name origin unknown, possibly from Latin tangere /tango*) ⇨ to touch
- Buenos Aires ⇨ Good airs
- Ushuaia (Yámana: ush waia) ⇨ back bay
- Tierra del Fuego ⇨ fire land
- El Calafate ⇨ the barberry
- Perito Moreno ⇨ after the Argentinian anthropologist Francisco Pascasio Moreno

### Sale hint Argentina

- The Perito Moreno is one of the few still growing glaciers worldwide. It is located in the Los Glaciares national park, which was declared a world heritage natural site by UNESCO.

 **Packing list:**

- ✓ Passport & copy
- ✓ Money belt to keep valuables on the body below the clothes
- ✓ Sunscreen UV protection factor 50+
- ✓ Insect repellent
- ✓ First-aid kit and personal medication
- ✓ Sun glasses & head covering
- ✓ Comfortable & sturdy shoes
- ✓ Rain jacket
- ✓ Different types of clothing (onion-look applicable)
  - ⇒ Light & comfortable clothing for excursions
  - ⇒ Warm clothing for the Patagonia and cold nights

 **By knowing some words in the local language the guest show interest and by this they will familiarize themselves with the locals.**

<u>Spanish</u>	<u>English</u>
Hola	Hello
¿Cómo está?	How are you?
Bien, ¿y usted?	Fine, and you?
Por favor	Please
Muchas gracias	Thank you very much

For further information and suggestions you are welcome to visit our website:

<http://southamericantours.de/en/south-american-tours>

Or the official tourism websites of the destinations:

Argentina: <https://turismo.buenosaires.gob.ar/en>



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### **Brazil**

All-year destination

Southeast coast (Rio):

Throughout the year

Jan. - Dec.:  
Min. 16°C; Max. 30°C

South (Iguazú):

Apr.-Sep.:  
Min. 12°C; Max. 30°C

Amazon (Manaus):

Throughout the year

Jan. - Dec.:  
Min. 23°C; Max. 33°C

East coast (Salvador da Bahia):

Throughout the year

Jan. - Dec.:  
Min. 20°C; Max. 30°C

**Recommended season:**

**April - September**

## Federative Republic of Brazil



- Capital: Brasília
- Currency: R\$ = Brazilian Real
- National languages: Portuguese
- National holiday: 07th of September
- Population: 207,1 million
- Ethnic diversity
- Religion: Roman Catholic (ca. 68 %)
- Typical food:
  - „Prato Feito“ (beef, black beans, rice and salad)
  - „Churrasco“ (different types of grilled meat on a skewer)
  - „Feijoada“ (stew made of black beans and various pieces of meat)
  - „Brigadeiro“ (Brazilian chocolate made of condensed milk, butter and cocoa)
- Typical drinks:
  - „Caipirinha“ („Cachaça“ (rum) and lime juice)
  - „Guaraná Antártica“ (soft drink made of guaraná)

### Good to know:

- The Iguazú Falls are located at the border between Argentina and Brazil
- The Devil's Throat has a height of 90 m and is the highest of the Iguazú Falls

### Sight-Dictionary


- Rio de Janeiro ⇨ river of January  
Copacabana (*named after Copacabana, Bolivia*;  
*Aymara: quta qawana*) ⇨ view of the lake
- Pão-de-Açúcar ⇨ Sugarloaf
- Corcovado ⇨ hunchbacked
- Iguaçú/-zú (*Guaraní: y guasu*) ⇨ big water
- Salvador ⇨ savior

### Sale hint Brazil

- The metropolis Rio de Janeiro allures with its green hills, its heavenly beaches, its beautiful people and its individual charm that will most certainly fascinate the guests!

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- ✓ Sun glasses & head covering
- ✓ Comfortable & sturdy shoes
- ✓ Rain jacket
- ✓ Different types of clothing (onion-look applicable)
  - ⇒ Light & comfortable clothing for excursions
  - ⇒ Warm clothing for cold nights
  - ⇒ Summer clothes for Rio

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<u>Portuguese</u>	<u>English</u>
Olá	Hello
Como está?	How are you?
Bem, e você?	Fine, and you?
Por favor	Please
Muito obrigado (m) Muito obrigada (f)	Thank you very much

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<http://southamericantours.de/en/south-american-tours>

Or the official tourism websites of the destinations:

Brazil: <http://www.visitbrasil.com/en/>



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## Chile

All-year destination

Center (Santiago):

Throughout the year

Oct. - Apr.:

Min.: 8°C; Max.: 29°C

May - Sep.:

Min.: 3°C; Max.: 18°C

Lake District (Puerto Varas):

Throughout the year

Oct. - Apr.:

Min.: 6°C; Max.: 20°C

May - Sep.:

Min.: 4°C; Max.: 12°C

Patagonia (Puerto Natales):

Oct. - Mar. (spring - autumn):

Min.: 3°C; Max.: 17°C

**Recommended season:**

**October - March**



## Republic of Chile



- Capital: Santiago de Chile
- Currency: CLP = Chilean Peso
- National languages: Spanish
- National holidays: 18th & 19th of September
- Population: ca. 18 million  
75% descendants of European immigrants,  
9% Indigenes
- Religion: Roman Catholic (ca. 64%);  
Lutheran (ca.17%)
- Typical food:
  - „Porotos con rienda“ (bean stew with spaghetti)
  - „Charquicán“ (beef stew)
  - „Humita“ (corn porridge cooked in corn leaves)
  - „Sopaipillas pasadas“ (fried pumpkin dough boiled in a cinnamon and clove syrup)
  - „Kuchen“ (the popular German baked goods)
- Typical drinks:
  - „Piscola“ (Pisco (brandy) with Coca Cola)
  - „Mote con Huesillo“ (drink made from dried peaches and grain of pearl barley)

### Good to know:

- From the 19th - 20th century many Germans, Austrians and Swiss immigrated to Chile and influenced the countries' culture. This becomes noticeable through for example the vocabulary or the street names, and especially in southern region also through the architecture.

### Sight Dictionary

- Puerto Natales ⇨ birth harbor
- Torres del Paine (*Tehuelche: paine*) ⇨ Towers of the blue sky
- Punta Arenas ⇨ Sandy point
- Santiago de Chile ⇨ named after the Spanish city Santiago de Compostela


### Sale hint Chile

- Located at the end of the world you will find a true natural wonder: The Torres del Paine National Park. In the national park the guests will find an incomparable scenery of ice-blue lakes, golden steppes and snow-capped peaks.



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- ✓ Insect repellent
- ✓ First-aid kit and personal medication
- ✓ Sun glasses & head covering
- ✓ Comfortable & sturdy shoes
- ✓ Rain jacket
- ✓ Different types of clothing (onion-look applicable)
  - ⇒ Light & comfortable clothing for excursions
  - ⇒ Warm clothing for the Patagonia and cold nights

 **By knowing some words in the local language the guest show interest and by this they will familiarize themselves with the locals.**

<u>Spanish</u>	<u>English</u>
Hola	Hello
¿Cómo está?	How are you?
Bien, ¿y usted?	Fine, and you?
Por favor	Please
Muchas gracias	Thank you very much

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Or the official tourism websites of the destinations:

Chile: <https://chile.travel/en/>



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## Colombia

All-year destination

Center (Bogotá):

Throughout the year

Jan. - Dec.:

Min. 7°C; Max. 20°C

Coffee Triangle (Armenia):

Throughout the year

Jan. - Dec.:

Min. 13°C, Max. 26°C

Caribbean coast (Cartagena):

Throughout the year

Jan. - Dec.:

Min. 20°C; Max. 32°C



## Republic of Colombia



- Capital: Bogotá
- Currency: COL\$ = Colombian Peso
- National languages: Spanish;  
65 indigenous languages;  
English (in San Andres & Providencia)
- National holiday: 20<sup>th</sup> of July
- Population: 49,4 million  
3,4% Indigenes  
10,6% Afro-Colombians  
49% Mestizos  
27% Whites
- Religion: Catholic (ca. 80%);  
Evangelical (ca. 20%)
- Typical food:
  - „Ajiaco“ (chicken soup with potatoes & corn)
  - „Bandeja Paisa“ (hearty meal with meat, beans and rice)
  - „Mielmesabe“ (Candy made of milk, raw cane sugar and cinnamon)
- Typical drinks:
  - „Aguapanela“ (hot drink made of raw cane sugar)
  - „Aguardiente“ (rum with anise)

### Good to know:

- Bogotá is Colombia's biggest city
- The underground Salt Cathedral of Zipaquirá is one of the largest religious buildings in the world with an area of approximately 8,500 m<sup>2</sup>.

### Sight-Dictionary


- Bogotá (*Chibcha: Bacatá*) ⇨ border with the fields
- Zipaquirá (*Chibcha*) ⇨ land of the Zipa (a former ruler of the indigenous Muisca)
- Armenia ⇨ named in remembrance of the Armenian genocide
- Cartagena de Indias ⇨ named after Cartagena, Spain

### Sale hint Colombia

- Cartagena de Indias is most beautiful colonial cities in South America, UNESCO world heritage and also known as the „Pearl of the Caribbean.“ Apart from their colorful buildings the city mesmerizes with its paradisiac beaches, perfect to enjoy the Caribbean sun.

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- ✓ Sun glasses & head covering
- ✓ Comfortable & sturdy shoes
- ✓ Rain jacket
- ✓ Different types of clothing (onion-look applicable)
  - ⇒ Light & comfortable clothing for excursions
  - ⇒ Warm clothing for cold nights
  - ⇒ Summer clothes for Cartagena

 **By knowing some words in the local language the guest show interest and by this they will familiarize themselves with the locals.**

<u>Spanish</u>	<u>English</u>
Hola	Hello
¿Cómo está?	How are you?
Bien, ¿y usted?	Fine, and you?
Por favor	Please
Muchas gracias	Thank you very much

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Or the official tourism websites of the destinations:

Colombia: <http://www.colombia.travel/en>



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**Ecuador** 

All-year destination

Andean region (Quito):  
Throughout the year  
Jan. - Dec.:  
Min. 6°C; Max. 21°C

Southwest coast (Guayaquil):  
Throughout the year  
Jan. - Dec.:  
Min. 19°C; Max. 32°C



## Republic of Ecuador



- Capital: Quito
- Currency: USD = US-Dollar
- National languages: Spanish;  
Quichua;  
Shuar
- National holidays: 10<sup>th</sup> of August
- Population: ca. 16,8 million  
25% Indigenes  
65% Mestizos  
7% European Descent  
3% Afro-Ecuadorians
- Religion: Roman Catholic (ca. 85%);  
Lutheran;  
Jewish;  
Natural religions
- Typical food:
  - „Cuy Asado“ (grilled guinea pig)
  - „Fritada“ (fried pork with different side dishes)
  - „Torta de Maqueño“ (banana cake)
- Typical drinks:
  - „Canelazo“ (Hot drink made of cinnamon, raw cane sugar, lulo and schnaps)

### Good to know:

- Despite its smaller size, Ecuador offers an incredible cultural and biological diversity, from the coast, over the Andes to the Amazon rainforest
- With its altitude of 2850 m, Quito is the second highest city in the world after La Paz, Bolivia.

### Sight-Dictionary

- Quito ⇨ named after the Quitus, the pre-Columbian indigenous people of Ecuador
- Mitad del Mundo ⇨ middle of the world
- Cotopaxi (*Quechua: ccota pasca*) ⇨ radiant mountain
- Quilotoa (*Quechua: quiri & toa*) ⇨ tooth & queen

### Sale hint Ecuador

- Quilotoa is one of the most spectacular destinations in Ecuador. The water of the volcanic lagoon shimmers mostly in a beautiful green and is surrounded by a diverse Flora and Fauna.

**Ecuador**  
All-year destination  
Galapagos Islands:  
Throughout the year  
Jan. - Dec.:  
Min. 10°C; Max. 24°C



## Republic of Ecuador



- Capital: Quito
- Currency: USD = US-Dollar
- National languages: Spanish;  
Quichua;  
Shuar
- National holidays: 10<sup>th</sup> of August
- Population: ca. 16,8 million  
25% Indigenes  
65% Mestizos  
7% European Descent  
3% Afro-Ecuadorians
- Religion: Roman Catholic (ca. 85%);  
Lutheran;  
Jewish;  
Natural religions
- Typical food:
  - „Cuy Asado“ (grilled guinea pig)
  - „Fritada“ (fried pork with different side dishes)
  - „Torta de Maqueño“ (banana cake)
- Typical drinks:
  - „Canelazo“ (Hot drink made of cinnamon, raw cane sugar, lulo and schnaps)

### Good to know

- After the South American wars of independence, the Galapagos Islands were some kind of "no-man's-land" and only 1832 the area was stressed again by Ecuador.
- The Galapagos Islands were declared a National Park in 1959 and since 1972 they are UNESCO World Heritage Site.

### Sight-Dictionary

- Galápagos ⇨ turtles
- Santa Cruz ⇨ holy cross


### Sale hint Ecuador

- Thanks to their seclusion, the Galapagos Islands are home to unique and fascinating creatures, and the animals did not develop a natural aversion to humans.



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<u>Spanish</u>	<u>English</u>
Hola	Hello
¿Cómo está?	How are you?
Bien, ¿y usted?	Fine, and you?
Por favor	Please
Muchas gracias	Thank you very much

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Or the official tourism websites of the destinations:

Ecuador: <http://quitotravel.ec/en/>



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## Peru

All-year destination

Coastal region (Lima):

Throughout the year

Dec. - Apr.:  
Min. 17°C; Max. 28°C

May - Nov.:  
Min. 13°C; Max. 23°C

Andean region (Cusco):

May - Sep. (dry season)  
Min. 0°C; Max. 22°C

Amazon (Iquitos):

Throughout the year

Jan. - Dec.:  
Min.: 20°C; Max.: 32°C

**Recommended season:**

**May - September**



## Republic of Peru



- Capital: Lima
- Currency: PEN = Peruvian Sol
- National languages: Spanish (ca.87%);  
Quechua;  
Aymara
- National holiday: 28th and 29th of July
- Population: ca. 31,83 million  
45% Indigenes  
37% Mestizos  
15% Whites  
3% African/Asian
- Religion: Roman Catholic (ca. 81%);  
Lutheran (ca.13%)
- Typical food:
  - „Ceviche“ (raw fish marinated with lime juice and onions)
  - „Anticuchos“ (meat skewer with beef heart)
  - „Mazamorra Morada“ (cornpudding)
- Typical drinks:
  - „Pisco Sour“ (brandy with lime juice, sugar syrup and egg white)
  - „Chicha Morada“ (violet corn drink)
  - „Inca Cola“ (soft drink made of lemon verbena)

### 👁️ Good to know:

- Cusco is located at 3.399 m altitude. It is possible that the guests react to this altitude difference with various symptoms. Our experienced guides will inform the guests accordingly and provide the necessary support. Preventive it might be helpful to:
  - drink lots of water
  - eat light food
  - avoid alcoholic beverages
  - chew coca-leaves or drink them as tea

### 📖 Slight-Dictionary


- Lima (*Jaqaru: Lima/Limaq*) ⇨ yellow flower
- Machu Picchu (*Quechua: Machu Pikchu*)  
⇨ old summit
- Cusco (*Quechua: Qusqu*) ⇨ hub of the world
- Lake Titicaca (Aymara: titi kaka) ⇨ grey puma

### 👍 Sale hint Peru

- Machu Picchu was declared a world heritage site by UNESCO and is the most visited archaeological site in South America. A visit to the Inca city is the highlight of every Peru-trip and takes the guests to a mystical, bygone world.

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 **By knowing some words in the local language the guest show interest and by this they will familiarize themselves with the locals.**

<u>Spanish</u>	<u>English</u>
Hola	Hello
¿Cómo está?	How are you?
Bien, ¿y usted?	Fine, and you?
Por favor	Please
Muchas gracias	Thank you very much

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<http://southamericantours.de/en/south-american-tours>

Or the official tourism websites of the destinations:

Peru: <https://www.peru.travel/?internacional>



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## Uruguay

All-year destination

Coast (Montevideo):

Throughout the year

Nov.-Apr.:  
Min. 13°C; Max. 30°C

May - Oct.:  
Min. 6°C; Max. 22°C

**Recommended season:**

**November - April**



## Oriental Republic of the Uruguay



- Capital: Montevideo
- Currency: UYU = Uruguayan Peso
- National languages: Spanish
- National holidays: 18<sup>th</sup> of July and 25<sup>th</sup> of August
- Population: 3,44 million  
mostly of European descent
- Religion: Roman Catholic (ca. 41 %)
  - other Christian groups (ca. 8%)
- Typical food:
  - „Chivito“ (Sandwich with beef filet)
  - „Puchero“ (Stew with meat and vegetables)
  - „Milanesa“ (Uruguayan version of the Viennese Schnitzel)
  - „Massini“ (Dessert made of sponge cake with cream)
  - „Garrapiñada“ (candied peanuts)
- Typical drinks:
  - Mate-Tea (dried mate leaves, served in a mate jar with a bombilla, the straw)
  - Tannat red wine

### Good to know:

- Uruguay, the smallest country of South America, was shaped by its European descent. The Uruguayos are passionate soccer players. The first World Cup took place in Uruguay and the hosts emerged victorious.

### Sight-Dictionary


- Rio de la Plata ⇨ river of silver
- Colonia del Sacramento ⇨ Colony of the holy sacrament
- Montevideo (*Combination of Spanish: monte and Guaraní: yvyty*) ⇨ mountain; rock

### Sale hint Uruguay

- Colonia del Sacramento is Uruguay's oldest and most beautiful colonial town and was declared a World Heritage site. All places of interest are in walking distance and the cobblestoned alleys will let you revel in the past.

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Uruguay: <https://turismo.gub.uy/index.php/en/>



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### **Bolivia**

All-year destination

#### Central Bolivia (La Paz):

Throughout the year

May - Sep. (dry season):  
Min. 4°C; Max. 26°C

Oct. - Apr. (rainy season):  
Min. 11°C; Max. 27°C

#### Andean region (Colchani):

Throughout the year

May - Oct.:  
Min. -6°C; Max. 20°C

Nov. - Apr.:  
Min. 3°C; Max. 22°C



## Plurinational State of Bolivia



- Capital: Sucre
- Currency: BOB = Boliviano
- National languages: Spanish, Quechua, Aymara
- National holidays: 06<sup>th</sup> of August
- Population: ca. 11 million  
44% Indigenes
- Religion: Roman Catholic (ca. 78%)
- Typical food:
  - „Sandwich de Chola“ (sandwich with pork and spicy onion-chili-dressing)
  - „Salteñas“ (turnovers with a juicy meat filling)
  - „Anticuchos“ (skewer with grilled beef heart and potatoes)
- Typical drinks:
  - „Chufly“ (grape liquor with lime juice and Ginger Ale)
  - „Mocochinchi“ (soft drink made of cooked dried peaches and cinnamon)

### Good to know:

- La Paz is, with an altitude of 3200 m, the world's highest situated seat of government
- Due to the previous stay in the Andean region, the guests should be acclimated to the altitude

### Sight-Dictionary

- Lake Titicaca (*Aymara: titi kaka*) ⇨ grey puma
- Copacabana (*Aymara: quta qawana*) ⇨ view of the lake
- La Paz ⇨ Peace
- Uyuni (*Aymara*) ⇨ pen (enclosure)

### Sale hint Bolivia

- In Colchani, the guests will sleep in a beautiful hotel built entirely of salt. The sparkling walls, the scrunching floor and the colorful accents make for a very special experience.