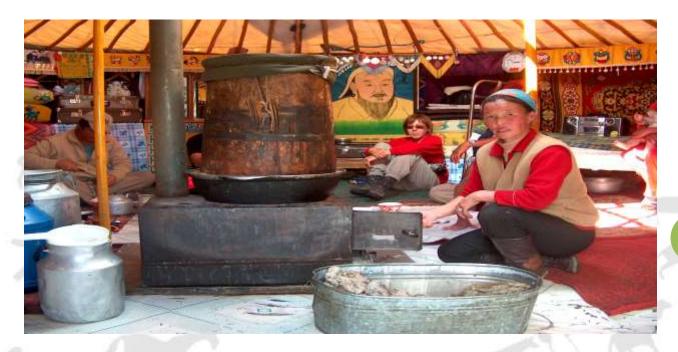




Taste of Mongolia



• Category: Cultural Tour

- **Travel places**: Ulaanbaatar Nomadic community Kharakhorum town Orkhon valley Khognokhan Nature Reserve Khustai National Park Ulaanbaatar
- Activities: Experiencing authentic cuisine of nomads, attending cooking classes and learning to make Mongolian dishes and traditional dairy products, enjoying scenic landscapes and exploring cultural heritages

• **Duration:** 8nights / 9days

• Season: June - mid September



Day 1 Welcoming day

Arrival in Ulaanbaatar the capital city of Mongolia. Transfer to your hotel.

Afternoon visit the National Museum and Central Square.

Evening enjoy Traditional art performance.

Welcome dinner to enjoy Mongolian traditional meal.

Travel details: Transfer from airport to a hotel

Accommodation: Standard twin/double room at hotel

Meals included: Lunch; Dinner



Day 2 Travel to Nomad community

Travel to Gurvanbulag county of Bulgan province. You will reach to community based Ger camp and take a rest. Learn and play traditional games including archery and knuckle bone "Shagai" shooting.

Visit a nomadic family, learn and experience unique traditional culture and local hospitality. Enjoy to taste "aaruul"- dried curds, Mongolian salty milk tea – Suutei

tsai and traditional vodka "Shimiin Arkhi". You can involve in an activity of making dairy product. Talking and interacting with nomads to get more intimate with their nature hugging lifestyle.

Travel details: 5hrs/290km to nomadic community

Accommodation: Standard twin/double Ger in community based Ger camp





Day 3 Learning traditional nomadic cuisine

After having buffet breakfast, you can enjoy a short hike to neighboring mountain hills and sand dunes.
Attend a cooking class to learn to make "Buuz" steamed dumplings with a guidance of chief cook in the area.
Late afternoon you have an opportunity to see how Mongolian horsemen catch horses by "uurga" –

traditional wooden lasso and train an untamed horse that has never been ridden before. Enjoy horseback riding with horse specialist nomads.

Travel details: Hiking for 5km, riding for an hour

Accommodation: Standard twin/double Ger; community based Ger camp





Day 4 Travel to Kharakhorum & visit a local market

Travel to Kharakhorum town. Visit Erdene Zuu monastery, the largest and first Mongolian Buddhist temple complex and Local museum. Meet with monks and learn about Buddhist religious food in Mongolia. Visit a local market to buy food materials. Enjoy your next cooking class for learning to make tasty soups like "Bantan" and "Lavshaa".

Travel details: 2.5hrs/100km to Kharakhorum

Accommodation: Standard twin/double Ger in Ger camp





Day 5 Travel to Orkhon valley visit Yak & herders Today you will travel to Orkhon valley. Enjoy a beautiful scenery over the valley, the ancestral heartland of Mongolians. Visit Yak herder nomadic family. Enjoy dairy products made of yak cow milk. Today you will have another great cooking experience for learning to make a real Mongolian BBQ.

Travel details: 3.5hrs/120km to Orkhon valley

Accommodation: Standard twin/double Ger in Ger camp





Day 6 Travel to Khognokhan Camel herders and visit Travel to Khognokhan Nature Reserve, the unique combination where mountains, forest and Gobitype landscapes are all found in one location. Visit Camel herder nomadic family. Taste traditional dairy products as made of camel cows' milk. Enjoy camelback riding.

Attend your cooking class (in open air) to learn to make "Tsuivan" stirred and fried noodle with vegetables and lamb meat.

Travel details: 3.5hrs/150km to Khognokhan Nature Reserve

Accommodation: Standard twin/double Ger in Ger camp





Day 7 Travel to Khustai National Park

Travel to Khustai National Park, the area of 50620ha reserve protects wild Mongolian horses famed as Takhi (Przewalski's Horse). Visit the park to spot wild horses while short hiking.

Travel details: 4hrs/200km to Khustai National Park

Accommodation: Standard twin/double Ger in Ger camp





Day 8 Travel to Ulaanbaatar

Travel to Ulaanbaatar city. Arrival and transfer to your hotel. Visiting city shops and malls for souvenirs and cashmere. Farewell dinner.

Travel details: 2hrs/100km to Ulaanbaatar

Accommodation: Standard twin/double room at hotel



Day 9 Departure

After breakfast transfer to airport for departure.

Travel details: 1hr/50km from the hotel to airport

Accommodation: -

Meals included: Breakfast

<u>Included:</u> All activities described in the itinerary, twin/double basis hotel accommodation (2 nights) in Ulaanbaatar, Ger camp stay (4 nights) and community based Ger camp stay (2 nights) in countryside, English speaking guide service, field cook service team, entrance fees to Protected Areas and sightseeing costs, mineral (bottled) water – 1.5L per person daily use, all transfers by bus in the city and by 4WD Japanese minivan in the countryside. Meals of breakfast, lunch and dinner as mentioned per day itinerary.

<u>Excluded:</u> International transportation to and from Mongolia, travel insurance, alcoholic drinks, tips and gratuities, laundry and items of a personal nature.

