

The setting of the Portuguese capital is unparalleled –undoubtedly one of the most photogenic in Europe, friendly, safe, with a rich history and culture dating back to the Golden Age of the 15th and 16th centuries. Therefore, Lisbon is ranked among the oldest cities in the world as it also offers 2 UNESCO sites within the city itself.

The food and wine is excellent with a very good value for money. Furthermore, Lisbon distinct itself as a year- round destination with its warm summers and mild winters.

From cool bars to World Heritage sites, from speed-boats to trams, from state-of-the-art conference hotels to small boutique properties within former palace buildings, from football to surfing- Lisbon has something for everyone!



Lisbon

TRANSPORT LINKS

- ✓ Lisbon International Airport.
- ✓ Transfer time to Lisbon City Centre: 20 minutes
- ✓ Train connections:
 - Lisbon- Porto: 3 hours
 - Lisbon- Faro: 3 hours

HIGHLIGHTS

- ✓ Broad range of meeting facilities in Lisbon and its surrounding areas including convents, palaces, sail boats, wine cellars and museums
- ✓ Historic center dating back some 300,000 years and ranks as one of the oldest cities in the world
- ✓ History is very much reflected in activities ranging from discovering the city with historical trams or exploring the exceptional Belem & Alfama quarter
- ✓ The proximity to the majestic Tagus River allows visitors to view the city from a different perspective such as speed-boats, yachts or more leisurely cruise vessels
- ✓ Unique places such as Sintra, Cabo da Roca or Cascais are very well accessible and offer great full day activities
- ✓ Golf is very prevalent- some of the country's top courses are within easy reach of the city



HOTELS

4 or 5-star hotels to choose from in Lisbon





RESTAURANTS

The most authentic restaurants in town



VENUES





CASCAIS

Considered by many to be the Portuguese Riviera, Cascais and Estoril are full of glamour and charisma. They offer a great diversity of attractions and the experiences in a limited area and in a setting that is exceptional in terms of nature, culture and heritage along the whole of this marvellous coast.



SINTRA

Few places in the world can evoke a sense of magic and mystery as does Sintra. From magical forests to romantic palaces Sintra never fails to seduce. The UNESCO Committee decided to inscribe Sintra because: "... the site is of outstanding universal value as it represents a pioneering approach to Romantic landscaping which had an outstanding influence on developments elsewhere in Europe."



CABO DA ROCA

Furthermore, you should not miss to visit Cabo Da Roca, the westernmost point in Continental Europe. It is located around 150 metres above the sea, where you can have a panoramic view over the Serra de Sintra and the coast with its fantastic landscape. It is located within the Parque Natural de Sintra-Cascais



BELEM

Belem is a quarter of Lisbon located in the west of the city. This area was the departure point for renowned Portuguese explorers such as Vasco da Gama who set off for India from Belem.

The highlights of this visit include a visit of the “Jeronimos” Monastery and the Belem Tower, both classified by UNESCO, as well as the Monument to the Discoveries.



ALFAMA

Alfama is Lisbon's most emblematic quarter and one of the most rewarding ones for walkers and photographers thanks to its medieval alleys and exceptional views. Next to the visit of the Saint George's Castle, a walk through this old-fashioned residential neighborhood is a step back in time.



CHIADO & BAIRRO ALTO

Bairro Alto is a picturesque working class quarter dating from the 16th century that has traditionally been the city's bohemian haunt of artists and writers. Nowadays it's one of the main hubs of the city's nightlife.

The neighbouring Chiado quarter is an elegant, sophisticated district of theatres, bookshops, old-style cafes, art nouveau jewellery shops and luxurious international brands.



AZEITÃO & SESIMBRA

Azeitão is a small village, located in the natural park of Arrábida, an area blessed by nature. It is renowned for the beauty of its landscapes and its regional products. Furthermore, Sesimbra can be visited which has clearly the charm of a land of fishermen. With a wide range of restaurants near the beach, the demanded menu is fresh fish and seafood that just arrived directly from the Ocean.



MAFRA

In Mafra you can visit the emblematic convent which offers a basilica built of marble and with baroque decoration. Furthermore, the palace and monastery are recommend to visit which feature studios of carving, the kitchens, a museum of sacred art, the royal apartments, the chapel, the monk's cells and the immense library installed in a immense gallery decorated in the Baroque manor containing 36000 volumes.



ERICEIRA

Ericeira is a picturesque fishing port and very busy seaside resort with outstanding surfing beaches where the colourful houses are grouped together on a cliff facing the ocean. Furthermore, it is the ideal combination of Portuguese heritage and an ultra-cool surfing ambience, where traditional fishermen's cottages nestle amongst trendy lounge bars and cafes.



GOLF

There are 12 highly rated golf courses in the Lisbon area





ACTIVITIES

Sightseeing, gastronomy, team building, outdoor sports



SPEEDBOAT



TRAM TOUR



TEAM BUILDING: HUMAN LOGO



CODFISH PASTRY COOKING CLASS



GOCAR DISCOVERY



CATAMARAN DINNER CRUISE

ACTIVITY: TALES & TILES OF LISBON

You will visit the delightful tile museum which shows five centuries of decorative ceramic tiles or “azulejos”, tracing the history and production of this most typical of Portuguese art forms.

Its collection is the only of its kind in the world, and contains a splendid array of tiles from as early as the 15th century along with displays on how they're made.

Introduced to the Iberian Peninsula by the Arabs, tiles have become a typical aspect of Portuguese culture, having been produced without interruption for five centuries. In Portugal, azulejos are found on the interior and exterior of churches, palaces, ordinary houses and even train stations or subway stations. They constitute a major aspect of Portuguese architecture as they are applied on walls, floors and even ceilings. They were not only used as an ornamental art form, but also had a specific functional capacity like temperature control at homes.

The visit concludes with a visit to a tile painting atelier near the castle where Cristina and her team have been decorating ceramics for the city's museum gift shops for over 24 years. Cristina will explain the process behind tile painting before allowing guests to work on their own creation.

